

Boys and Girls

Playground Soccer Session

Sept. 21 st & 28 th	U5/U6 Fields	9:00am-10:00am – Session 1
	U5/U6 Fields	10:15am-11:15am – Session 2
Oct. 5 st , 12 th , 19 th , & 26 th	U5/U6 Fields	9:00am-10:00am – Session 1
	U5/U6 Fields	10:15am-11:15am – Session 2
Nov. 2 nd	U5/U6 Fields	9:00am-10:00am – Session 1
	U5/U6 Fields	10:15am-11:15am – Session 2

The objective of this program is to provide young players and their parents with a “pressure free” introduction to the beautiful and simple game of soccer. At this age, players should be exposed to soccer by playing simple, fun activities and soccer themed games that require little to no practice, and a minimal time commitment.

The program allows players to discover the game for themselves, while parents are given a foundation on which to build and grow into future AYSO coaches, referees and administrators.

Typical Saturday sessions will include:

Coach demos to prepare the coaches (parents) to run the day's activities

Training Activities and skill development games

Obstacle course to reinforce fundamental skills

Scrimmage time at the end of our Playground session*

*(This is a 3-4 Minute Playtime only on the Game field)

Player Snacks will be passed out at the end of each session.***

There will be many scrimmages going on at once, with the session coaches taking turns as game referees and field assistants. Their main role is to keep the games organized and fun for all the players. All other parents are encouraged to cheer positively and refrain from “coaching” (giving directions) from the sideline.

This is the time for the kids to play – LET THEM!